

POST-DATES ULTRASOUNDS

After 41 weeks you are considered Post -Dates. It is more risky to continue the pregnancy after 42 weeks, so we recommend induction of labor before this to ensure the wellbeing on your baby. If you don't go into labor or your waters don't break, you will be scheduled for 2 ultrasounds to monitor the baby and fluid levels:

Your first ultrasound will be done at **41 weeks and 0 days gestation.**_____

The second ultrasound will be done at **41 weeks and 3 days gestation.**_____

Induction will be tentatively scheduled for **41 weeks and 4 days gestation.**_____

Unlike your other ultrasounds to date, you will NOT know in advance the time and location of the test. You will receive a call from MFM ***on the dates*** your doctor has suggested, usually before 9:00 am, advising you of the time and location of the appointment. This appointment is not negotiable. PLEASE be available for this phone call on the date of your ultrasound.

41 week ultrasound

For ultrasounds scheduled for Monday – Thursday, you will be given a copy of the ultrasound report before you leave MFM. You will bring that report to our office for a maternity visit. It would be ideal if you have an afternoon appointment with your doctor on this day so she can review this report, perform an internal exam, and arrange for induction of labor.

41+3 ultrasound

For ultrasounds scheduled for Monday – Thursday, you will be given a copy of the ultrasound report before you leave MFM. You will bring that report to our office for a maternity visit. You are **NOT** required to pre-book an appointment for this visit. Just show up at our office with the report and a doctor will review this report with you and perform an internal exam.

If your ultrasound is scheduled for a Friday, you will NOT be given a copy of the ultrasound report. The report will be faxed to the doctor on-call. If the doctor wishes to discuss anything with you she will contact you directly.

DO NOT CANCEL THESE APPOINTMENTS because you believe you MAY be in labor (it may be false labor). If your ultrasound is scheduled for the same day as your induction, go to whomever calls your first!

If you have any questions, please feel free to contact our office at 403-640-0600 ext. 2 and speak with our nurses.

Inductions

You will be called by the Charge Nurse at the hospital and asked to go to Women's Specialty Unit (6th Floor at RGH) for your induction. This will be based on how busy it is on the Labor and Delivery Unit. Your phone call may be first thing in the morning or later in the day. If the unit is too busy to accommodate you, the Charge Nurse will usually call you and let you know a possible time frame.