

RGH Maternity Visiting and Support Policy

Our goal is to provide a safe and supportive environment for all patients. Please note the visiting guidelines may be subject to change based on patient and unit circumstances.

Antepartum (before you have your baby, admitted to the hospital for a reason other than labour):

General “visiting” is between the hours of 11 am and 9 pm. Only 2 people in addition to one designated “support” person allowed at the bedside at one time.

Labour and Delivery:

There is no “visiting” per se. You may designate 2 support people to be with you throughout the labour, but we strongly discourage many people coming and going from your room.

Postpartum (after you have your baby):

Grandparents and children of the mother/father/partner may visit for short periods of time between the hours of 11 am and 9 pm.

Overnight stays for one “support” person may occur in private and designated semi-private rooms.

Visiting for other family members/friends can occur between the hours of 7 pm and 9 pm. However, no other children are allowed.

Only 2 people (in addition to the one “support” person) are allowed at the bedside at one time.

“Support” People:

You are required to keep your green ID band on at all times

If you plan to stay overnight on the postpartum unit you:

- can rest/sleep on the chair beside the patient’s bed. Please do not sleep on any patient beds or on the floor
- can access the public bathrooms down by the elevators. The unit bathrooms and shower facilities are for patient use only.
- are responsible for buying and accessing your own food and supplies
- need to know that there can be many interruptions during the night when the nursing staff attend to the mother and the baby (or to the roommate in a semi-private room)
- need to be mindful and sensitive to the needs of other patients and families by keeping noise and disturbance to a minimum.